

# A place to call home

Find your ideal home, housemates  
and supports to live your best life.



Possability  
Nurturing  
potential.



Tell us what your best life looks like and we'll help make it happen.

Possability offers a personal touch – we want to understand where you are now and where you want to be. Then we can support your journey to get there.

## Independent living

There is no one-size-fits-all – your lifestyle should be as unique as you.

You choose where you live + who you live with + how you want to be supported + when you make the move.

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### Explore

Together we explore what is important to you and what type of lifestyle you want.

### Finding a home

Choosing the house you want to make your home is a big decision, and there are lots of possibilities. You might look at renting, sharing, buying or Specialist Disability Accommodation (SDA) options.

### Finding a housemate or living alone

**Living Together** – If you prefer the company of others, you can look at sharing your home. There are lots of ways you can find someone to share with – you can move into an already established home or you can find like-minded people to set up a new house or unit. We can help make introductions and break the ice.

**Single Living** – Some prefer their own company. Single Living is just that; living in your own home by yourself.

**Neighbourhood Living** – Everybody needs good neighbours. Living in a complex of units and becoming part of a close-knit community, you can choose to live in a unit by yourself or share with others.

### Raise your voice

We create opportunities and safe spaces for people we support and their families to share their experiences honestly. This includes house meetings, independently facilitated consumer forums and more.



## Design your supports

Your support team will always be built around you.

**It's personal** – Your key worker will be there for the long term, to get to know you and what makes you 'tick.' You will also have a small support team, so there is someone you know to support you when needed.

**Flexibility** – We listen and work with you to set up your support how and when you need it. We love getting to know your family and friends, and learning how we can bring the most value to you all.

**Community connections** – Your support team is set up from around your local community, so they can bring their neighbourhood knowledge to you.

**Skilled staff** – Our staff are trained in Positive Behaviour Support, inclusive practices and safeguarding.

**Values** – We are a values-driven organisation. We recruit employees that share and uphold our beliefs in human rights and dignity.

## Nurturing potential

Our services are grounded in our belief that everyone can learn and grow their independence skills. Our evidenced-based Practice Framework underpins how we work, with a focus on:

- Person-centred approaches
- Positive Behaviour Support
- Inclusive practices
- Lifelong learning.

## Setting up for success

Everyone works at their own pace and you may want to build on some skills before you're ready to try independent living.

Your Support Plan might have goals to help you build confidence in everyday tasks like:

- Cleaning and making a bed
- Cooking and a healthy diet
- Taking public transport
- Going out into the community for appointments, to meet friends or for hobbies.

## Transition accommodation

Sometimes it takes time – we offer support options to tide you over while you wait for your perfect fit.

**Short Stays** (also known as respite) – See what it's like living in a shared space with a change of scenery. Short Stays give you the opportunity to develop friendships with potential housemates and really focus on your skill development. Short Stays also cover emergency housing situations, when your perfect fit isn't yet available.

**Medium Stays** (also known as Medium Term Accommodation) – For a longer stay, Medium Stays is offered for periods of up to three months. This might suit people who are waiting for their homes to be found, built or modified. Often people waiting for Specialist Disability Accommodation (SDA) need Medium Stays.

## Your Support Plan

When you join us at Possability, we'll work together to create your Support Plan. This is in addition to your NDIS plan, and based on the goals in your NDIS plan.

# Steps to independent living

## Step 1

### Let's chat

- Tell us about yourself and what you want.
- Look at the possibilities and check you have the funding you need.

## Step 2

### Explore

- What does your best life look like? Explore your vision of your future home and lifestyle.
- Think about where you want to live, who with and how you want to be supported.

## Step 3

### Design your supports

- Work with us to design your Support Plan.
- Create short-term and long-term goals.

### Ready to move into your own home now?

Skip to step 5.

### Your journey, your way

Your journey to independent living will be as unique as you.

There will be some steps forward and some steps back, and that's okay. We'll be there to support you.

## Step 4

### Setting up for success

- Build on your independence skills.
- Make decisions about where you want to live and who with. It's important your new home is the right fit for you.
- Where you need support, we'll be there!

### Want longer to find a home but need accommodation now?

Talk to us about Short and Medium Stays.

## Step 5

### Move in

- Make short visits to the house/unit.
- Meet and greet staff.
- Move in, get settled and establish new routines.

### How are you?

We care about your wellbeing from the get-go and into the future. Once you are settled, we want to know – how is everything going? Are you happy?



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Possability

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Call us for a chat

1800 066 066

[possability.com.au](http://possability.com.au)

[info@possability.com.au](mailto:info@possability.com.au)

Possability Group LTD ABN 58 638 044 327