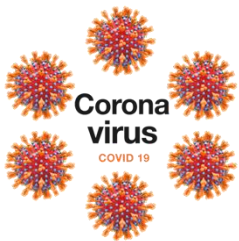




Changing Perspectives

This is a message from our General Manager, Paul Csoban.

Coronavirus Update



The Victorian Government has started lifting **restrictions**.

Restrictions are rules made to keep us safe from the **coronavirus**.

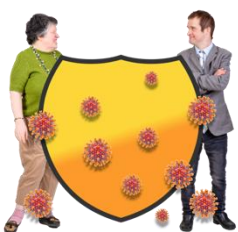
The **coronavirus** is a virus that can make people sick.

We are happy the Victorian Government has started lifting restrictions.

We will not make any changes to services until we are sure we can keep everyone safe.

To stay safe from the coronavirus the Victorian Government said to

- stay at home
- only have 1 visit per day
- only have 2 visitors for less than 2 hours.



Lots of us are spending a lot of time at home.



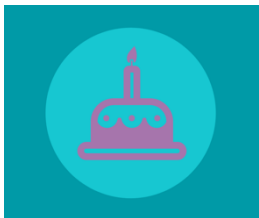
I hope you are

- enjoying yourself at home
- feeling good about the future.

One Year Anniversary!

On April 28 we celebrated something exciting.

April 28 was the first anniversary of the Inner West region **service transfer** to Possability.



Service transfer means Possability now gives people services in the Inner West Region.

I want to thank all of our amazing staff for being creative and giving great services.



And I want to thank you for all of your support over the past year.

We are so happy to have everyone from the Inner West with us.

I hope you are feeling OK about all of the changes from the State Government.

There are lots of good things happening now.



From,

Paul Csoban – General Manager, Victorian Operations

We Create



We Create is the name of the new online program we are trying out.

It is called **We Create** because we will:

- make things together
- do activities together.



We Create is not ready yet.



When We Create is ready you can join in the activities from your house.



Activities can be watched on your TV, iPad, computer or mobile.

Activities will be things like:



- cooking
- arts and crafts
- exercise
- music.

Sarah has Found her Feet

Sarah joined Possability in 2019.

Since joining Possability Sarah:

- seems happier
- seems more relaxed
- likes to do activities at her house
- like to invite her parents to visit.



Mark is Sarah's dad. Lydia is Sarah's mum.

Mark told us he and Lydia:

- love to visit Sarah
- are very happy to see Sarah is happy
- want to thank the staff for supporting Sarah.



This photo of Lydia, Sarah and Mark is from Christmas in 2018.

Mark wanted to share this photo because he said it is one of his favourites.

How Good it Feels to Stand and Walk!

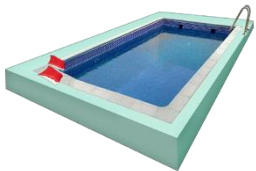


Michael used to be able to walk using a **Meywalker**.

A **Meywalker** is like a wheelchair, but you stand up in it instead of sitting down.

In 2018 Michael was unwell and had to go to hospital.

Because he was unwell for a long time, he stopped being able to stand up and walk in his Meywalker.



Michael now goes to a hydrotherapy pool with warm water.

When he is in the pool:

- the warm water helps relax his muscles
- he can stand up and walk!



This is a photo of Angela, Michael and Sergey in the hydro pool.

Family Feedback Forums



The Family Feedback Forums are now stopped because of the coronavirus.

We will let you know when they are starting again.

We care about how you feel.



If you have any questions or worries you can talk to us, our phone number and email are on the last page.



An Aussie Easter

Lots of people in Australia like to go away camping over the Easter long weekend.



This year no one could go away camping because of the coronavirus.

The government told us it was not safe to go away camping.



A group of housemates and staff in Ararat had a good idea to make staying safe at home fun.

Matthew, Jamie, Ken and Bernie set up camping in their backyard.

When camping in their backyard they:

- set up a campfire
- cooked potatoes on the campfire for dinner
- toasted marshmallows on the campfire for dessert.

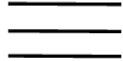


They ended the fun evening by singing around the campfire and drinking a beer.



This is a photo of Matthew, Jamie, Ken and Bernie sitting by their campfire.

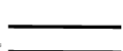
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