

Possability

Fit and Active

Community, Social and Daily Living



Want to improve your health and fitness, in a fun group environment? Join us at our Latrobe Centre to participate in activities such as:

- swimming
- nature walks
- dancing
- yoga
- bowling
- geocaching
- zumba and more!

Our program is person centered, which means we design it with you!

This program is run in 10 week blocks during school terms only.

possability.com.au

When: Thursday 9:00am - 3:00 pm

Where: 2 Hawkins Street, Latrobe

Cost: NDIS 1:1 or group based funding is required. Additional costs depending on the activity e.g. entry to bowling.

GET INVOLVED TODAY!

Contact our Service Planners on
1300 067 842 or email
info@possability.com.au

Burnie Office: 1-3 Reeves Street, Burnie

