



Want to find out more?

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Nurturing
potential.

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Possability

Seven Mile Beach Retreat

Short Term Accommodation

Kate's Story

Kate, 22, lives with her parents and wanted to increase her independence. She began to stay at Seven Mile Beach Retreat a few days a week and after 8 months she felt confident enough to trial short stays in the self-contained units. With support from staff, Kate developed her daily living skills in areas such as cooking, cleaning and going grocery shopping. She is now feeling happy, confident and ready to take the next step.

*"I feel grown up now,
I am ready to move out!"*



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Seven Mile Beach Retreat

Set in a peaceful, rural location just a 10 minute walk from beautiful Seven Mile Beach, the Retreat includes a spacious four-bedroom home and two self-contained one-bedroom units, accommodating a maximum of six residents each night.

Take a break

Relax with the reassurance of knowing you or your family member are being supported in an enjoyable and safe home style environment by our team of qualified and experienced staff. Before a stay with us, we meet with you to develop an Individual Support Plan that helps staff deliver support as close as possible to what happens at home.

Flexible stays

We design our accommodation to make you feel as comfortable as possible. A stay can be as short as one day. Stays of two nights to one week help everyone become familiar with the service. Longer stays can be arranged for circumstances such as a family holiday or carer illness.

Skills development

We offer skill development opportunities, working with your strengths and tailoring activities to your needs. Our fun daily activities can include group outings, excursions, sport, cooking, and arts and crafts.

Transition to independent living

Our self-contained units provide the ideal opportunity to trial independent living in a safe and supported environment. Our focus is on developing skills and confidence to prepare people for moving out of home or a shared living arrangement to live independently.

“A holiday from home, with support and fun activities to meet your individual needs.”



BEGIN JOURNEY

Set your goals and create your personal plan

BUILD CAPACITY

Develop your skills and confidence while staying in the main house

INCREASE INDEPENDENCE

Trial short stays in self contained units

NEXT STEPS

Transition to semi independent or independent living